

Vaccinations

Make sure that you and your family are UP-TO-DATE

The following vaccines are recommended for adults:

- Varicella- Should be given to all adults with evidence of immunity. Two doses should be administered 4 to 8 weeks apart.
- Human Papilloma virus (HPV) to prevent cervical cancer- three dose series should be given to all women 11-26 years of age who have not been previously immunized.
- Meningococcal – All asplenic adults and first –year college students who will be living in a dormitory.
- Herpes Zoster- All adults over the age of 60 years old.
- Hepatitis A and B- Recommended for patients at risk due to lifestyle, occupations, or travel plans.
- Tetanus and diphtheria- give primary series if not performed in childhood, followed by boosters every ten years.
- Measles, mumps, rubella- Patients born after 1957 and not previously immunized should be given two doses a minimum of 1 month apart.
- Influenza- Yearly vaccine is recommended for patients over the age of 50 years or patients at risk for severe disease. This includes immunocompromised patients and patients with chronic disease.
- Pneumococcal- All patients over the age of 65 years, or high-risk patients over the age of 50 years.